



HEALTH AWARENESS ROADSHOW

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We can host a dedicated in-house health awareness promotion within your company. It will help employees understand the importance of good health, encourage the adoption of improved health practices and could be the catalyst for your company to engage in one of our future health and wellbeing programmes.

Duration	1 Day
No of Participants	No restriction
Venue	Various venues throughout Northern Ireland
Exhibitors	Fitness Consultant Nutritionist Smoking Cessation Consultant Blood pressure check Physiotherapist Relaxation Sessions

Our team of trained health professionals will set up a number of exhibit areas within your organisation to promote a wide range of health issues and offer informal advice to your employees.

Highly visible interactive displays and one-to-one health screenings are a great way to raise awareness amongst your employees and can be a perfect motivation for them to take the first step towards health improvement.

This roadshow can be viewed as a standalone event or an introductory taster to introduce a company health and productivity strategy to employees. It is in this way that companies can gain acceptance from employees and increase overall participation in a wider set of programmes that may be rolled out in future.